

CAPACITY DEVELOPMENT AND SKILL ENHANCEMENT ACTIVITIES

2023-2024

Seethalakshmi Ramaswami College has taken earnest efforts for Capacity Development and Skills Enhancement Initiatives to improve the personal and professional skills of the students. The main aim of the skill enhancement programme is to strengthen the innate capabilities of students and make them self-rooted and enhance their performance to achieve their goals.

Soft Skill Activities

Soft Skill Activities	Name of the agencies/consultants involved
Short Term Professional Placement Training for Undergraduate Students	1. Dr. G. Ravindran, Former head , department of English, St. Joseph's College, Tiruchirappalli
	2.M. Mahendran, Director- Training, Placement and Corporate Relations, St. Joseph's College, Tiruchirappalli
	3.Dr M Gabriel Associate professor of social work, Associate Dean for extension activities, Bishop Heber College Tiruchirappalli
	4. Dr. AL Alagappan Associate professor and Head Academics, Hall Mark Business School Tiruchirappalli
	5. Dr. A. Irudaya Jothi, Assistant Professor, Department of Chemistry, St. Joseph's College, Tiruchirappalli
	6. Dr. Senthil K Nathan, Associate professor-cum-trainer Hall Mark Business School Tiruchirappalli
	7. Mr. Selvakumar Periyasamy Placement Officer, CARE Group of Institutions, Tiruchirappalli
	8., Mr. Mohamed Siddique, Managing Director, Nimir Academy Tiruchirappalli
	9. Ms.Navajothi, Centre Incharge, ICICI academy for skills, Tiruchirappalli

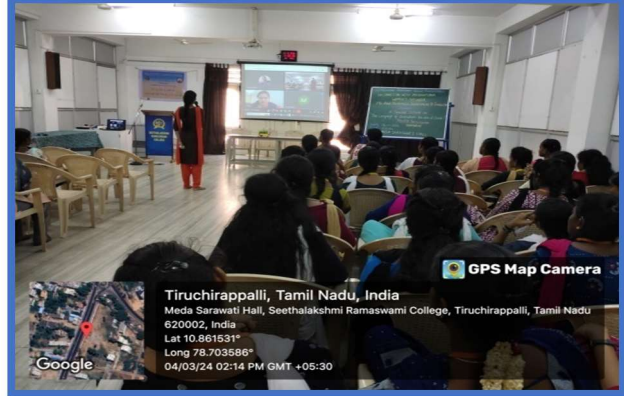
	10. Mr.R. Alfred Ramesh, Trainer, Life Skills Academy, Tiruchirappalli
Discover your design personality in Canva	Department of Botany, Seethalakshmi Ramaswami College
Career Counselling- Seminar on Job Shadowing	Tasa IT Services, Tiruchirappalli
Career Counselling - Seminar on Future Job Opportunities in IT Sector	Cognizant, Chennai
International Seminar on Setting the Foundation for Success Trends	NBC Universal, Los Angeles
Skill development - UGC NET coaching series (Paper I & Paper II) for PG Students	PG Department of Computer Science (Aided) and (SF), SR College, Tiruchirappalli
Exploring Soft Skills	Ms. K. Mahalakshmi, lecturer, PG Department of Computer Science, SRC, Tiruchirappalli
Skill Development - Orientation towards NET/SET Examinations	Ms. C. Mathinilashna Assistant Professor Department of English P.K.R. Arts College for Women Gobichettipalayam
Career Guidance for TNPSC Examinations	Ms. A. Priyadharshini Senior Inspector O/o Deputy Registrar (Dairying) Tiruchirappalli
Preparatory Techniques for NET/SET Examinations	Dr. S. Jerald Sagaya Nathan Assistant Professor of English Seethalakshmi Ramaswami College Tiruchirappalli
The Way to Become an Entrepreneur	Ms. S. Shuba Makeup Artist Alumna Seethalakshmi Ramaswami College Tiruchirappalli
Career Guidance- Cracking Competitive Examinations	Ms. S. Vijaya Bhatrathi TNPSC Aspirant Alumna Seethalakshmi Ramaswami College Tiruchirappalli
Career Guidance -Skill Sets to be Developed for Education and Employment Abroad	Ms. Dharshini Umaidurai Yale- NUS College Singapore
Microfinance and Women Empowerment	Gramalaya Trust Tiruchirappalli
Analytical Thinking- Koyilgalil kalaigalun kanithamum	Department of History, Seethalakshmi Ramaswami College, Tiruchirappalli
Creative Thinking- Vzhalyiyalil kanitham	Department of Tamil, Seethalakshmi Ramaswami College, Tiruchirappalli

Developing Creativity	Department of Tamil, Seethalakshmi Ramaswami College, Tiruchirappalli
Career Guidance for Women	Dr.R.Ranjani, Placement Cell and Training Centre, JMC, Tiruchirappalli
Career Guidance	Career Guidance- S. Susmitha-Ward Secretary, NG Hospital and Research Center, Kovai
Importance of Grooming in Work Place	KMC Hospital, Tiruchirappalli.
Career Growth and Professional Advancement	Department of Computer Science, Seethalakshmi Ramaswami College, Tiruchirappalli
How to become Globally Relevant in Today's World?	Mr. Ganesh Vaideeswaran, Founder - Finspire Academy
Seminar on Professional Ethics for Students in IKS Perspective	Department of Sanskrit, Seethalakshmi Ramaswami College, Tiruchirappalli.
Guest Lecture on Manavargalae Neengalae Ungalai Purindhu Munnokki Sella?	Dr.A.Shakila, Associate Professor& Head, Department of Home Science, Seethalakshmi Ramaswami College, Tiruchirappalli & U.D.V. Higher Secondary School, Devadhanam, Tiruchirappalli



Language and Communication Skills

Language and Communication	Name of the agencies/consultants involved
Perspectives of Language and Literature	Dr. S. Usha Associate Professor Department of Sanskrit Seethalakshmi Ramswami College Tiruchirappalli
The Art of Creative Writing	Dr. M. Mary Jayanthi Associate Professor of English Holy Cross College (Autonomous) Tiruchirappalli
On World Literacy Day	Ms. S. Srivarthini II B.A. English Seethalakshmi Ramaswami College, Tiruchirappalli
Bridge Course in English	Dr. M. Angayarkan Vinayakaselvi Associate Professor Department of English Bharathidasan University Tiruchirappalli
Development of Communication skill in Language Lab	Ms. R. Sowndarya Language Lab Instructor/ Trainer Seethalakshmi Ramaswami College Tiruchirappalli
Enhancement of Language Skill - Skit- One Thousand and One Nights - Antoine Galland	Department of English Seethalakshmi Ramaswami College Tiruchirappalli
The Language of Journalism - How does it Sound?	Ms. R. K. Srividhya Journalist Alumna Seethalakshmi Ramaswami College
Improvement of reading skills - Book Review	Department of English, Seethalakshmi Ramaswami College Tiruchirappalli
Strengthening of vocabulary - Book Review	Department of English, Seethalakshmi Ramaswami College Tiruchirappalli
Comparative Literature: Theory and Practice	Dr. S. Ganesan Associate Professor of English H.H.The Raja's College (Autonomous) Pudukkottai - 622001
Augmenting writing skills - Book Review	Ms. M. Gajashree Ms. R. Jegadhammal Ms. M. Kavisri II M. A. English Seethalakshmi Ramaswami College Tiruchirappalli
Indian Feminist Standpoints: An Overview	Dr. M. Angayarkan Vinayakaselvi, Associate Professor Department of English Bharathidasan University Tiruchirappalli
Non Verbal Communication	Department of Tamil, Seethalakshmi Ramaswami College, Tiruchirappalli
Inculcating language skill - Sanskrit Day Celebration	Department of Sanskrit, Seethalakshmi Ramaswami College, Tiruchirappalli



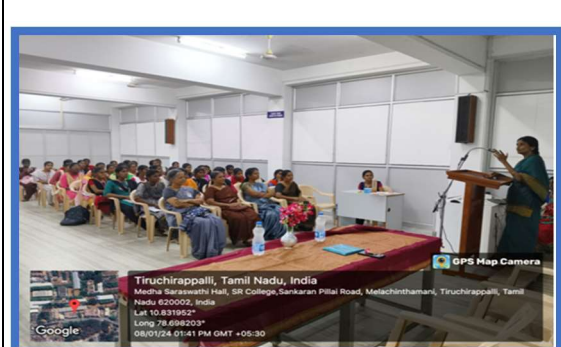
Life skills

Life Skills	Name of the agencies/consultants involved
Adaptive and positive behavior for your life ahead	Ms. Dharshini Umaidurai, BA (Honors), Environmental Studies, Yale-NUS College, Singapore
Significance of Physical Fitness - National Youth Day	Ms. S. Dharshini Ms. S. Ponni III B. A. English Seethalakshmi Ramaswami College Tiruchirappalli
Life skills -Living Beyond Breast Cancer	Dr. Gowthami Venugopal, MD, Radiation Oncologist, Dr. G. Viswanathan CBCC centre Mambalasalai. Tiruchirappalli,
Life skill- Yoga for holistic Health	Capt. RS. Jagatheesan, Vice President, LPG Distributors, Tiruchirappalli
Safety Awareness - Samaiyal Erivaiyu Padhugapu Matrum Paramaripu	Rockfort Gas Agency, Tiruchirappalli
Antibiotic Resistance - A Global Challenge for the 21 century	RECEPS Ltd, Pharmaceuticals, Vishakapatnam
Workshop on the topic Fun with Fitness: Cleaning Body, Mind & Soul	Physical Education, Seethalakshmi Ramaswami College, Tiruchirappalli
Awareness on Health and Hygiene for Women	Department of Economics and Thirupanjeeli village, Tiruchirappalli
Life Skills Management	Department of Economics and NSS, Seethalakshmi Ramaswami College, Tiruchirappalli
Health Beyond Measure	Department of Economics and Kalpan Fitness and Physiotherapy, Tiruchirappalli
Mental Well Being - World Music Day	Dr. MalaSwamy, Former Principal, Kalashektra Foundation
Stress management through celebrations - Significance of Navarathri	Department of Music, Seethalakshmi Ramaswami College, Tiruchirappalli
Therapy using Music- Devotional Music Competition	Department of Music, Seethalakshmi Ramaswami College, Tiruchirappalli
Capacity to handle work pressure - Sathguru Sri Thyagaraja Aradhana	Department of Music, Seethalakshmi Ramaswami College, Tiruchirappalli

Recreation for mental health - Onam Celebration	Department of English Seethalakshmi Ramaswami College Tiruchirappalli
Life Skill - Breastfeeding	Dr.Vinotha M.B.B.S, MS.OG., Senior Assistant Professor, Department of Obstetrics and Gynecology, K.A.P.V Government Medical College, Tiruchirappalli
Guest Lecture on Personal and Menstrual Hygiene	Ms.C.Anitha, Assistant Professor, Department of Home Science, Seethalakshmi Ramaswami College, Tiruchirappalli &U.D.V. Higher Secondary School, Devadhanam, Tiruchirappalli
Rhythm Thorough Pranayama	Department of Music, Seethalakshmi Ramaswami College, Tiruchirappalli
Breastfeeding awareness program had been conducted in connection with the World Breastfeeding Month 2023	Various Government and Private Hospitals
The First Aid training programme in case of emergencies	Ekam Foundation
Healthy way of Living	Dr. R. Sughumar, Shri Jayaranga, Nature Cure Hospital and Yoga Research Centre, Tiruchirappalli
PCO- A Word of Warning in Reproductive Health	Dr. Bhuvaneshwari,Bishop Heber College, Tiruchirappalli
Pathophysiology and Challenges of Diabetes mellitus	Dr.R.Cecily Rosemary Latha, Assistant Professor, PG and Research Department of Zoology, Holy Cross College, Tiruchirappalli
Effective Management of Diabetes Through Lifestyle and Food Habits	Dr.B.Leena Grace, Assistant Professor, PG and Research Department of Zoology, Nesamony Memorial Chirstian College, Marthandam
Significance of Biomarkers in Body Fluids	Dr.J.Sugunabai, Associate Professor, PG Department of Biochemistry, SRC, Tiruchirappalli
Diagnostic and therapeutic potential of miRNA in kidney and cardiovascular diseases	Dr. Kumaresan Ramanathan, Professor, Department of Medical Biochemistry, Jimma University, Jimma, Oromia Region, Ethiopia
Therapeutic Peptides: Current understanding and future perspective"	Dr . Sarfuddin azmi, Research Scientist, Scientific Research Center, Prince Sultan Military Medical City Ministry of Defense Health Services, Saudi Arabia
Dynamics of Drug Repurposing - A new e - lifera for - Trends Glioblastoma Multiforme treatment	Dr. Anitha S.Assistant Professor, Dept. of Biochemistry and Molecular Biology, School of Life Sciences Pondicherry University, Pondicherry

International Yoga Day	Krishnamacharya Yoga Mandiram, Chennai.
One-day seminar on Yoga for Holistic Alignment	Krishnamacharya Yoga Mandiram, Chennai.
Inculcating the significance of Physical fitness - National Sports Day	Department of Physical Education, Seethalakshmi Ramaswami College, Tiruchirappalli
Awareness on Healthy Planet - World Ozone day	Tiruchirappalli Corporation
Faculty Development Programme Stress Management for well-being	SRM Medical College, Tiruchirappalli
Slogan Writing Competition - Embrace walking for disease free life	Vasantham Fitness Club, Seethalakshmi Ramaswami College, Tiruchirappalli
Cookery contest 'Sirudhanya' (International Year of Millets)	Vasantham Fitness Club, Seethalakshmi Ramaswami College, Tiruchirappalli
Aerobic Workshop on stretch to Rhythm	Vasantham Fitness Club, Seethalakshmi Ramaswami College, Tiruchirappalli
Special lecture on 'Youth & Mental Health	Vasantham Fitness Club, Seethalakshmi Ramaswami College, Tiruchirappalli
Yoga,Physical fitness	Vasantham Fitness Club, Seethalakshmi Ramaswami College, Tiruchirappalli
Donate Blood save other lives	Department of Hospital Administration, Seethalakshmi Ramaswami College, Tiruchirappalli
Fight leprosy now	Department of Hospital Administration, Seethalakshmi Ramaswami College, Tiruchirappalli
AIDS Day Rally	Red Ribbon Club, Seethalakshmi Ramaswami College, Tiruchirappalli
HIV/AIDS Awareness Programme	Red Ribbon Club, Seethalakshmi Ramaswami College, Tiruchirappalli
Adolescent Health Care	Red Ribbon Club, Seethalakshmi Ramaswami College, Tiruchirappalli
Muscular Dystrophy	Red Ribbon Club, Seethalakshmi Ramaswami College, Tiruchirappalli

Diet and Life style Modification	Mrs. G. Kokilarani, Senior Clinical Dietecian & Nutrironist, Appollo Speciality Hospitals, Tiruchirappalli
Drug Abuse Oath Programme	Depatment of Bio Technology, Seethalakshmi Ramaswami College, Tiruchirappalli
Blood Donation	Red Ribbon Club, Seethalakshmi Ramaswami College, Tiruchirappalli



Awareness of Trends and Technology

Awareness of Trends and Technology	Name of the agencies/consultants involved
Break new ground in social media	Expert, Hurix System Pvt. Ltd, Chennai
Entrepreneurial Skill Development Programme - Regenerative Agriculture	Thalir Organic Farm, Manappparai
Chemistry of Rocket Propulsion	Department of Space, ISRO, Sriharikota, Nellore, Andhra Pradesh
Construction of C3v Character Table	Vivekananda College, Thiruvadakam West, Madurai
CHEM EXPO '24 Exhibition	Demonstration by the student of Department of Chemistry to school students
Artificial Intelligence Tools for Accountants and Students	A.Aarif Khan, M.Com, ACMA, NET, Cost Accountant & Tax Consultant ,Aarif & Associates Tiruchirappalli
Artificial Intelligence and GST	G. Amutha, MBA, Ph.D, FCMA of Amudha Associates, Tiruchirappalli.
Digital Payment System	J. Jaya Shree, Ph. D Research Scholar (Full Time)
Cryptocurrency	P. Sankari , B.A. Hindi., B.Com (App).M.Com. (CMA)
Technical talk on Backend App Development using Spring	Infosys, Mysore
International Seminar on Tech Skills 2.0	The Family Office (Investment Bank), Manama, Bahrain
Workshop on Machine Learning with Python	CHRIST University (Deemed to be University), Bangalore, Karnataka
Interactive Session with CEO, Founder of VDart Inc., Information Technology, United States	VDart Inc., Information Technology, United States.
Current Trends In Information Technology	Cyber Education, Research and Infrastructure Center, University of Missouri - Columbia, USA.

New Paradigms in Pedagogy	1.Dr. Laura Dameris Chellajothi Associate Professor Department of English Seethalakshmi Ramaswami College Tiruchirappalli, 2.Dr. Justin James e-Learning Co-ordinator University of Technology and Applied Science Nizwa Sultanate of Oman
Know the Recent Trends in Archaeology Field Visit to Keezhadi	Department of Archaeology Excavation, Keelzhadi
Wonders of Mathematics	Dr. S. Senthilchelvan, Department of Mathematics, Government Arts College, Thuvakudi
Data Envelopment Analysis and its Applications	St. Joseph's Institute of Management, Tiruchirappalli
“Basic Astronomy” and “Nilavil Sooriyan”	Dr. S. Ruban Raj, Associate Professor (Retd.), St. Joseph’s College, Tiruchirappalli and Mr. R. Ahilan, Project Director, Anna Science Center-Planetarium, Tiruchirappalli
One Day Workshop on Troubleshooting and Electronics Equipment”	Er. S. Parimala Prabhu, Chairman, and Mr. Subramanian, Decibel Institute of Electronics
One Day Hands-on Training on Servicing Electronics Household Appliances”	Er. S. Parimala Prabhu, Chairman, and Mr. Subramanian, Decibel Institute of Electronics
Introduction to Statistical and Quantum Nuances in Physics	Dr. P. Philominathan, Principal, Annai Vailankanni Arts and Science College, Thanjavur
2 nd International Conference on Material Science and Applications - 2024 -Physics	Department of Physics, SRC
AI Technology and Tamil	Department of Tamil, Seethalakshmi Ramaswami College, Tiruchirappalli
Current status of Sea Turtles in Tamil Nadu Coast	Dr. Gokulakrishnan, Poombuhar Arts and Science College, Poombuhar.
Involvement of Nanomaterials in Next-generation Theranostics	Dr. S. Anuradha, Senior Assistant Professor, Centre for Nanotechnology & Advanced Biomaterials, SASTRA Deemed University, Thanjavur, Tamil Nadu, India
Digital Payment Technology	Panchayat Union Middle School, Reddimangudi, Tiruchirappalli
Enriching Computer Hardware Knowledge	Panchayat Union Middle School, Reddimangudi, Tiruchirappalli

Career Advancements and Trends in Technology	Department of Computer Application, Seethalakshmi Ramaswami College, Tiruchirappalli
5G Wireless Technology	Department of Computer Application, Seethalakshmi Ramaswami College, Tiruchirappalli
Lock down your login	Department of Hospital Administration, Seethalakshmi Ramaswami College, Tiruchirappalli
Technology in Soft Toy Making	Ms.A.Lavanya, Assistant Professor, Department of Home Science, Seethalakshmi Ramaswami College, Tiruchirappalli
Mastering Banking Skills	Ms. R. Aishwarya SWO, Punjab National Bank Alumna Seethalakshmi Ramaswami College Tiruchirappalli
A special lecture on the topic "How to excel the theory of everything"	Mr. Syed Nazimuddeen, AGM, Mindzcube.com

