

Obesity - An Emerging Pandemic

11.30 a.m. - 12.30 p.m.



Dr. G. Vignesh
Consultant & Managing Director
Dr. Vignesh's Endocrine & Diabetes Centre
Tiruchirappalli, Tamil Nadu, India

Lunch Break - 12.30 p.m. - 01.30 p.m.

VALEDICTION

FELICITATION

01.30 p.m. - 01.45 p.m.



Dr.S.Kala
Dean of Quality & Research
Associate Professor
Department of Botany
Seethalakshmi Ramaswami College
Tiruchirappalli

VALEDICTORY ADDRESS

Nutritional Innovation for Optimal Health

01.45 p.m. - 02.45 p.m.



Dr.D.Sumaya
Principal
Thassim Beevi Abdul Kader College for Women
Kilakarai
Ramanathapuram, Tamil Nadu, India

Participants Feedback

Announcement of the Best Papers and Posters

VOTE OF THANKS

03.15 p.m. - 03.30 p.m.



Lt. Dr.S.Ithayamalar
Assistant Professor
Department of Nutrition & Dietetics
Seethalakshmi Ramaswami College
Tiruchirappalli



SEETHALAKSHMI RAMASWAMI COLLEGE
(AUTONOMOUS)
AFFILIATED TO BHARATHIDASAN UNIVERSITY
TIRUCHIRAPPALLI
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Department of Nutrition and Dietetics

Cordially Invites you

to

A Two Day

Virtual International Conference

on

**Emerging Strategies in Nutrition, Food and Lifestyle
for
Health Management**

ICESN'24

30.01.2024 & 31.01.2024

PROGRAMME
30.01.2024
INAUGURATION

Welcome Address

09.20 a.m. - 09.30 a.m.



Dr. L. Jayaprada
Head & Associate Professor
Department of Nutrition & Dietetics
Seethalakshmi Ramaswami College
Tiruchirappalli

Presidential Address

09.30 a.m. - 09.45 a.m.



Dr. M. Vasuki
Principal
Seethalakshmi Ramaswami College
Tiruchirappalli

Inaugural Address

Holistic Approach to Lifestyle Health Management

09.45 a.m. - 10.30 a.m.



Dr. S. Kowsalya
Registrar
Professor of Food Science & Nutrition
Avinashilingam Institute for Home Science &
Higher Education for Women
Coimbatore, Tamil Nadu, India

Technical Session 1

Need & Scope of Food Based Approach to Address Malnutrition in India

10.30 a.m. - 11.30 a.m.



Dr. R. Gopinath
Principal Scientist
Ecotechnology
M S Swaminathan Research Foundation
Chennai, Tamil Nadu, India

Technical Session 2

Trends in Food Processing for Development of Healthier Food Products

11.45 a.m. - 12.45 p.m.



Dr. R. Jagan Mohan
Professor & Head
Department of Food Science & Nutrition
National Institute of Food Technology,
Entrepreneurship and Management
Thanjavur, Tamil Nadu, India

Announcements - 12.45 p.m. - 01.00 p.m.
Lunch Break - 01.00 p.m. - 02.00 p.m.

TECHNICAL SESSION 3

Role of Nutrition in Health Care Management

2.00 p.m. - 03.00 p.m.



Dr. Sunita Devanand
Quality Consultant
King Saud Medical City
Riyadh, Saudi Arabia

TECHNICAL SESSION 4

Vitamin D and Health Outcomes

03.00 p.m. - 04.00 p.m.



Dr. Deeptha Sukumar
Associate Professor &
Assistant Director, Ph.D. Program
Nutrition Sciences Department
Drexel University College of Nursing & Health
Philadelphia, USA.

ORAL AND POSTER PRESENTATIONS - 04.00 p.m. - 05.00 p.m.

31.01.2024

TECHNICAL SESSION 5

Role of Functional Foods in Sports Nutrition

09.30 a.m. - 10.30 a.m.



Dr. Mahenderan Appukutty
Associate Professor & Nutritionist
Sports Science Programme
Faculty of Sports Science & Recreation
Universiti Teknologi MARA
Shah Alam, Selangor, Malaysia

TECHNICAL SESSION 6

The Gut Microbiome in Precision Nutrition: Moving Forward

10.30 a.m. - 11.30 a.m.



Dr. Anto Cordelia Tanislaus Antony Dhanapal
Assistant Professor
Centre for Biomedical & Nutrition Research
Department of Chemical Science
Faculty of Science
Universiti Tunku Abdul Rahman, Malaysia