



SEETHALAKSHMI RAMASWAMI COLLEGE  
(AUTONOMOUS)

AFFILIATED TO BHARATHIDASAN UNIVERSITY  
TIRUCHIRAPPALLI  
ACCREDITED WITH A+ GRADE BY NAAC (4TH CYCLE)



IN COLLABORATION WITH  
KRISHNAMACHARYA YOGA MANDIRAM, CHENNAI



Krishnamacharya  
Yoga Mandiram  
ISO: 9001:2015



सत्यमेव जयते  
Ministry of AYUSH



आयुष आभासी सम्मेलन केंद्र  
Ayush Virtual  
Convention Centre

# Yoga for Immunity

A Programme on Covid -19 Management and  
International Yoga Day Celebration 2021

Organised by  
Department of Sanskrit and  
Centre for Ethics & Human Values

## Resource Persons



Shri. S. Sridharan  
Former Trustee & Senior Mentor  
Krishnamacharya Yoga Mandiram  
Chennai

Ms. Lakshmi Vibhu  
Senior Yoga Teacher  
Krishnamacharya Yoga Mandiram  
Chennai



*Register here at*

[HTTPS://FORMS.GLE/PWQNFLOGWWS1MN2C6](https://forms.gle/PWQNFLOGWWS1MN2C6)

Date : 14-19 & 21 June, 2021

Time : 8:00 to 9:00 AM IST

Session link will be provided through e-mail

E-Certificates will be provided to all the  
participants

For inquiries, contact Programme Coordinator  
Dr. S. Usha - 9443863821