



SEETHALAKSHMI RAMASWAMI COLLEGE

(Autonomous)

Tiruchirappalli

Accredited with A+ by NAAC (4th Cycle)



**Centre for Ethics & Human Values
and
Department of Physical Education**

in collaboration with

Krishnamacharya Yoga Mandiram, Chennai

celebrate

International Yoga Day - 2025

Theme: Yoga for One Earth, One Health



Date: 21.06.2025

Time: 10.00 a.m.



Venue:

**Manicka Vinayagar
Open-Air Theatre**



Platinum Jubilee



Programme	
Prayer	Music Department
Welcome Address	Dr. S. Usha Associate Professor of Sanskrit Coordinator Centre for Ethics & Human Values Seethalakshmi Ramaswami College
Inaugural Address	Dr. M. V. Alli Principal Seethalakshmi Ramaswami College
Yoga Day Address	Ms. Shobana Srinivasan Director Department of Healing Chants & Senior Yoga Therapist Krishnamacharya Yoga Mandiram Chennai - 600028
Yoga Day Protocol	Ms. S. Ranjani & Ms. K. Prabha Senior Yoga Teachers & Yoga Therapists Krishnamacharya Yoga Mandiram Chennai - 600028
Vote of Thanks	Dr. T. Suthamathi Associate Professor & Physical Director Seethalakshmi Ramaswami College
National Anthem	



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Platinum Jubilee



2026

