

### **7.3 Institutional Distinctiveness**

#### **7.3.1. Describe/Explain the performance of the institution in one area distinctive to its vision, priority and thrust**

**Describe the institutional performance in one area distinctive to its vision, priority and thrust within a maximum of 1000 words**

#### **Holistic Women Empowerment**

- The college right from the day of its establishment is functioning with the sole aim of serving the country through holistically empowering women.

#### **Educational empowerment**

- The institution strives hard to empower women by offering quality education.
- Variety of programmes and courses are offered
- Dedicated and professionally well qualified teachers discharge their duty of imparting quality education

#### **Skill empowerment**

- Imparting skills is prioritised
- Significant number of skill oriented courses in the curriculum
- Communicative skills by bridge courses, language lab, task based English papers, Tamil courses on communicative skill, Hindi and Sanskrit spoken classes
- Leadership and management skills by relevant courses, opportunities to organise events, special workshops
- Employability skills by placement trainings and mock interviews
- Interpersonal skills by workshops, opportunities provided in students; union and allied associations
- Creativity skills by association activities and challenging in campus and off campus competitions
- Analytic and research skills by the research programmes

#### **Technical empowerment**

- Compulsory computer training to all students (amount spent - Rs. 10,00,000/- per year)
- Special computer courses to computer science students
- Computer labs for different departments for their specific needs
- Subject specific lab practical sessions
- Access to e sources in the library
- Multimedia hall facility
- E studio for e material preparation

#### **Health empowerment**

- Health care courses in curriculum
- Seeras diet clinic activities and services

- Organising workshops, awareness programmes etc in the campus on health care issues
- Health camps by different departments – biochemistry, Nutrition and Dietetics, Home Science, Hospital Management in the campus
- NSS, NCC, YRC & RRC health extensions
- Special women health oriented and child care programmes
- General and Women health oriented extension activities

#### **Psychological empowerment**

- Activities and services of counselling cell the college
- Effective ward system in the departments
- Workshops and special programmes by psychologists

#### **Personality empowerment**

- Value based papers in curriculum
- Workshops and special meetings by departments
- Activities of centre for Ethics and Human Values

#### **Spiritual Empowerment**

- Special discourses by eminent speakers like Smt. Vishaka Hari, Shri. Velukkudi Krishnan, Sri. Ganesh Sharma and others

#### **Cultural empowerment**

- Music, Sanskrit and Tamil Programmes offered
- Temple architecture and epigraphy courses by History department
- Excavations of sculptures by history department in collaboration with Rajamanikkar Historical Research Centre
- Temples in the campus for worship
- Daily prayer
- Vilakkupooja on occasions
- Common Bhajan
- Traditional dress code on special days
- Decent dress code on all days

#### **Ethical & Value empowerment**

- Association meetings on ethics and values
- Courses on ethics and human values and professional ethics
- Guest lectures on ethics and human values and professional ethics

#### **Professional empowerment**

- Short term placement training programmes
- Special trainings organised or offered by departments
- Internships
- Hands-on trainings
- Youth forum activities offering coaching to competitive exams

#### **Entrepreneurial empowerment**

- Entrepreneurial development cell student oriented and extension activities

- Special training programmes by departments like Soft toy making, nutritious recipes, embroidery, stitching etc
- The relentless service rendered by the institution for the cause of holistic women empowerment for more than 65 years has yielded fruitful results in producing several empowered women who serve our nation as ministers, state administrators, high level officials in big companies in India and abroad, successful entrepreneurs and so on.

Some of our golden alumnae:

- Smt. Nirmala Sitharaman, the second women defence minister of India
- Smt. GirijaVaidyanathan, Chief Secretary of Tamil Nadu